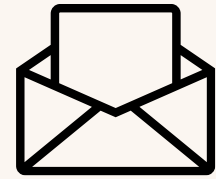


# YorQuit Study Timeline



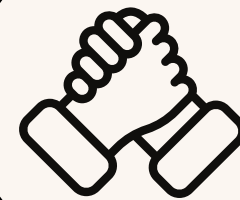
## INVITATION

You will first be contacted by the Lung Health Check team and invited to take part in the study. We will send you some study information by email or post. You will be contacted a week later, after you have had time to think about taking part. If you decide not to take part, we won't contact you again about the study.



## CONSENT

If you decide to take part, you will give consent to a member of the study team and go through a questionnaire with them. You will then be randomly placed into one of three study groups. Refer to the Participant Information Sheet (page 2-3) for a description of the three groups.



## SUPPORT

You will receive support to stop or change your smoking habits. This support will be from either your local stop smoking services, or the YorQuit smoking practitioners. You will receive this support for up to 12 weeks.



## QUESTIONNAIRES

We will contact you after 4 weeks, 3 months and 12 months to complete a questionnaire (on paper, online or over the phone with a researcher). If you have quit smoking, you may be asked to do a breath test. You may also be asked if you want to take part in an interview.



## THE END

After completing your 12 month questionnaire, your part in the study will end. We will be able to access the overall study results from the study website.